

# ISLAND REC

San Juan Island Park and Recreation District

## WINTER / SPRING RECREATION GUIDE



JANUARY THROUGH APRIL 2025  
REGISTER ONLINE [WWW.ISLANDREC.ORG](http://WWW.ISLANDREC.ORG) BEGINNING JANUARY 2

# Community Events



## Island Rec

San Juan Island Park & Recreation District

[www.islandrec.org](http://www.islandrec.org)

(360) 378-4953  
580 Guard Street  
PO Box 1946  
Friday Harbor, WA 98250

### COMMISSIONERS

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Team: Luke Praschak  
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## Resolution Run/Walk 5k & Salish Splash All Ages

Jackson Beach

W 10 am Jan 1  
\$15 for ages 11+, ages 10 & under FREE!

## Mileage Challenges All Ages

Walk, run, or convert another fitness activity into mileage for these virtual challenges!

50 Mile Jan 1-31 FREE  
75 Mile Mar 1-31 FREE

## Puzzle Hustle All Ages *New!*

Teams of 2-4 compete to complete their jigsaw puzzle first. Top three teams win a prize! Bring an old puzzle to trade for a new to you one at our puzzle exchange table.

Grange

Sa 2-5pm Jan 25 \$25/team

## Riders of the Nite All Ages *New!*

A weekly Wednesday gathering to ride our bicycles together, decked out with fun lights and optional costumes or noisemakers! No matter the weather, no matter the light. Riders under 18 must have an adult participant with them.

Brickworks

W 5:30-6:30pm Jan 15 - Mar 19 FREE

## Father Daughter Dance "Under the Sea" All Ages

Spend a magical evening dancing, enjoy treats, and take a special photo together. Register in advance.

Fairgrounds Main Building

Sa 6-8pm Feb 1 \$35/daughter  
additional daughters \$10 each

**Save the date!**

**33rd Annual Children's Festival  
"Cirque du Salish Sea"  
May 17, 2025**



# Community Events

## Shamrock Fun Run All Ages *New!*

Put on your green clothes and join the fun for a St. Patrick's 5k walk/run. Enjoy fun activities along the route.

*Jackson Beach*

**Su** 10am **Mar 16** \$15

## St. Patrick's Day Scavenger Hunt Ages 3 +

Follow clues under the 4-leaf clover rocks as they lead you to the treasure.

*Island Rec's Parks*

**M** 10am-4pm **Mar 17** FREE

## Teen Flashlight Easter Egg Hunt Grades 6-12

Bring your flashlight and bag for a challenging nighttime egg hunt amongst the driftwood. Enjoy the bonfire and tasty treats! Keep an eye out for the Golden Eggs.

*Jackson Beach*

**F** 8:30-9:30pm **Apr 18** FREE

## Arbor Day Community Celebration All Ages *New!*

Island Rec is joining forces with the Town and local organizations to celebrate Arbor Day. Keynote speakers, tree and plant giveaways, tree crafts, and great prizes in our raffle! Plus, a 5pm native plant ID walk at Linde Park with the Land Bank.

*Brickworks*

**F** 3-6pm **Apr 25** FREE

## Tour d'Family All Ages

Bring your helmet and bike for a trip around Pear Point Loop. No pre-registration required; young riders must have a guardian present. Bikes available upon advance request. In partnership with San Juan County Health and Community Services.

*Fairgrounds Parking Lot*

**Su** 10am-noon **Apr 27** FREE

## Island Kids Maker Fair

Bring your friends and family to shop at the 3rd annual Island Kid's Maker Fair! Shop gifts, treats, and unique crafts while supporting our island kids.

*Brickworks*

**F** 4-5:30pm **May 9** FREE



## School's Out K-5

### STAR Study Time & Afternoon Recreation Grades K-5

Supervised after-school program at FHES. Details and application can be found on the Island Rec website. Scholarships available.

<b>Regular School Days</b>	<b>2:45-6pm</b>	<b>\$13</b>
<b>Early Release Wed</b>	<b>1:30-6pm</b>	<b>\$17</b>
<b>Early Dismissal Days</b>	<b>11:10am-6pm</b> (pre-registration required)	<b>\$22</b>

### School's Out Camps Grades K-5

Two weeks of specialty crafts, games, and field trips. Come have some fun while school's out! Camp is based at FHES. Registration is by the day.

Mid-Winter Break Camp	<b>Tu-F</b>	8:30am-4:30pm	<b>Feb 18-21</b>	<b>\$35/day</b>
Spring Break Camp:	<b>M-F</b>	8:30am-4:30pm	<b>Apr 7-11</b>	<b>\$35/day</b>

### Parent's Night Out

Need a night off? Our team has got your childcare covered. Your kids will enjoy a fun evening of crafts and games. Dinner provided. Enjoy your night out!

<b>F</b>	6-9pm	<b>Feb 14, Mar 21, Apr 18</b>	<b>\$20/night</b>
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## Preschool

### Pre-School Drop-In Gym Ages 2-5

Time for some serious play, running, and jumping. Bring a strider bike or scooter for extra fun. Active supervision by a guardian is required.

*FHES Gym*

<b>Sa</b>	9:30-10:30am	<b>Jan 4 - Mar 29</b>	<b>\$5</b>
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### Pre-School Paint Adventures Ages 2-5 *New!*

This class is all about creative exploration and sensory fun; there's no "right" way to paint, just endless ways to experiment. Class themes at islandrec.org.

*Island Rec House*

<b>W</b>	10-11am	<b>Jan 15, Feb 12, Mar 5, Apr 9, May 14</b>	<b>\$10/class</b>
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### Pre-Schooler and Parent Swim

#### Ages 2-4

Focus on building water confidence and essential swimming skills through play and gentle instruction.

*"The Rec" Pool*

<b>M-Th</b>	12-12:45pm	<b>Feb 17-20</b>	<b>\$45</b>
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### Messy Me Ages 2-5

Explore sensory bins, interesting materials, and textures while engaging in messy play. Co-hosted by the SJI Library and Island Rec.

*FHES Gym*

<b>W</b>	2-3:30pm	<b>Mar 12</b>	<b>FREE</b>
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# Youth & Teen Sports

## Girls Youth Basketball Leagues Grades 2-8

Games are at the Turnbull Gym on Sundays. Previous team experience not required. Leagues: grades 2-3, grades 4-5, and grades 6-7-8. Volunteer coaches, referees and scorekeepers are needed! Practice starts week of January 6 at the FHES gym.

**Sunday Games** **Jan 19 - Feb 9** \$50

## Roller Hockey Ages 5-15

Long-time coaches will provide instruction on individual and team skills. Must provide your own equipment. New players welcome.

*Fairgrounds Main Building*

**W** 6-7pm **Jan 8 - Mar 26** \$110 season/ drop in \$10

## Youth Skateboarding Ages 8-15

For brand new skateboarders and those wanting to continue building their skills, instructors Greg and Kyle lead students through skateboarding fundamentals. Loaner boards and helmets available. (no class 2/7)

*Fairgrounds Main Building*

**F** 5-6pm **Jan 17 - Feb 28** \$90

## Intro to Sports Ages 5-7

Designed to prepare your child for organized sports including learning to throw, catch, swing, dribble, and more.

*FHES Gym*

**Sa** 11:30am-12:15pm **Jan 25 - Feb 15** \$40

## Future Hoopsters Basketball Grades K-3

Get ahead of the game with this 4-week developmental basketball program.

*FHES Gym*

K-1st Grade	<b>Tu</b>	3-3:45pm	<b>Mar 4-25</b>	\$34
2nd-3rd Grade	<b>Tu</b>	4-5pm	<b>Mar 4-25</b>	\$34

## Skateboard Trips Ages 10-15 *New!*

Visit skate parks on Orcas Island and in Anacortes, and practice skating on new grounds. Beginner or experienced, everyone is welcome! Times dependent on ferry schedule.

*San Juan Ferry Terminal*

<b>Orcas Island</b>	<b>Th</b>	8am-3pm	<b>Apr 10</b>	\$32
<b>Anacortes</b>	<b>F</b>	8am-3pm	<b>Apr 11</b>	\$32

## Swimming Lessons "The Rec" Pool

### Swimming Beginner Skills Ages 4-9

**M/F** 4:30-5:15pm **Jan 6 - Jan 24** \$55

### Swimming Beginner Skills Ages 7+

**Tu/Th** 3:30-4:15 pm **Feb 25 - Mar 13** \$55

### Float School Ages 7-13

**Tu-F** 4:30-5:15 pm **Mar 18 - 21** \$55

## Stay Informed!

Follow us on  
Facebook and  
Instagram for  
up-to-date  
information.

# Youth & Teen Programs

## After-School Paint Club Grades 2-8 *New!*

Join local artist Randi Schuh monthly at the Island Rec House and let your creativity flow in this hands-on step by step painting class. All skill levels welcome. Class themes at [islandrec.org](http://islandrec.org).

*Island Rec House*

**W** 3:30-5 **Jan 15, Feb 12, Mar 12, Apr 9 and May 14** \$ 15/class

## Tiny Craft Boxes Grades 2-8

Turn an ordinary matchbox into a mini masterpiece using your imagination, matchboxes, and craft supplies. You'll leave with 2-3 boxes of your own.

*Island Rec House*

**F** 3:30-5:30pm **April 4** \$31

## Circus Workshop with Cirque Cadia Ages 7+

Move your body, get creative, and have fun while learning juggling, hooping, stilt walking, balancing, and more. No experience necessary; all props provided.

*Middle School Commons*

**F** 9am-3:30pm **Feb 21** \$95

## Children's Festival Poster Contest Ages 17 & under

This year's theme is "Cirque du Salish Sea". Prizes awarded for 1st, 2nd, and 3rd place. Entry forms available at the Island Rec office starting April 1. Submission deadline April 18.

## Kid's Maker Workshop Grades 4-12

Brainstorm product ideas, discuss pricing, booth setup, customer interaction and managing money. Kids will not create products at this workshop, that will need to happen at home. Class is not required to be a vendor at Island Kid's Maker Fair.

*Island Rec House*

**W** 3:15 - 4:15 **Apr 2, 23** \$10

## Booth at the Island Kids Maker Fair Grades 4-12

Participants create and sell their own products, manage booths, interact with customers, handle transactions, and develop confidence and entrepreneurial skills. Additional details and event guidelines at [islandrec.org](http://islandrec.org).

*Brickworks*

**F** 4-5:30pm **May 9** \$25/vendor

## Teen Open Gym Grades 6-12

Drop-in program on Sunday nights. Parent waiver is required for participants under 18.

*Turnbull Gym*

**Su** 7-8:30pm **Jan 5 - Mar 30** FREE

*Scholarships* Island Rec offers scholarships in the form of reduced rates for San Juan Island Residents. If you are in need of financial assistance to participate in Island Rec programs, please apply for a scholarship online, or stop by our office. Additional scholarships are available through the generosity of the FANS Fund, which is supported by Families & Neighbors Support Island Rec.

# Youth & Teen Programs

## DIY Skincare for Teens Grades 6-12

Learn to make a variety of all-natural products customized specifically for their skin.

*Rec House*

**F** 3:30-5:30pm **Feb 28** \$40

## Babysitting Class Ages 11+

Safe Sitter® is a nationally recognized training program. Leave with a valuable toolkit of medically accurate, up-to-date and potentially lifesaving skills.

*Frank Wilson EMS Building*

**M** 3:15-6:15pm **Mar 24 & 31** \$135

## Pick-Up Ultimate Frisbee Grades 6-12 *New!*

Learn about and play Ultimate! Whether you're a beginner or a more experienced player, develop skills and engage in friendly competition. 8 players needed so tell your friends!

*Linde Park*

**Th** 3:15-4:30 **Apr 17 - May 29** Grades 6-8 \$10  
**Th** 4:30-5:45 **Apr 17 - May 29** Grades 9-12 \$10

## Camp Orkila Day Trip Ages 11-14

Travel to Orcas Island to participate in a variety of adventures, including rock climbing, archery, and zip lining. Program time dependent on ferry schedule.

*YMCA Camp Orkila*

**Tu** 9am-4pm **Apr 8** \$94



**CANCELLATIONS:** Programs may be cancelled if minimum registration is not met. By registering at least 2 weeks in advance of a program, you ensure we meet our participant minimum and give us adequate time to prepare for you. Please register early to avoid disappointment.



# Adult

Make sure to check out our drop-in recreation offerings on page 11.

## Intro to Yoga with Mandy Ages 16+ *New!*

Learn the basics of yoga with gentle poses, breathwork, and relaxation techniques. Perfect for beginners.

Studio Jamm

M	4:30-5:30 pm	Jan 6-27	\$12/class
M	4:30-5:30 pm	Mar 3-24	\$12/class
M	4:30-5:30 pm	Apr 7,14	\$12/class

## Morning Flow with Mariana Ages 16+ *New!*

Start your day in a gentle and mindful way with a sequence of poses to stretch, strengthen and center. Kindly wake up body and mind, restoring range of motion.

Studio Jamm

F	9-10am	Jan 10-31	\$12/class
F	9-10am	Feb 7-28	\$12/class
F	9-10am	Mar 7-28	\$12/class
F	9-10am	Apr 4-18	\$12/class

## Island Hop and Hike Ages 15+

Jump on the ferry and explore new landscapes on neighboring islands. Guide and transportation provided for this moderate hike. Info and pack list at [islandrec.org](http://islandrec.org).

San Juan Ferry Terminal

Orcas Island	Sa	8:15am-3pm	Mar 8	\$10
Lopez Island	Sa	8:15am-3pm	Mar 22	\$10

## Birdwatching Ages 16+

See a variety of birds and habitats in our own backyard with guide, Tyler Davis. No experience is necessary; binoculars recommended.

Zylstra Lake	Th	8-10am	Jan 23	\$12
American Camp	Th	7:30-9:30am	Feb 27	\$12
English Camp	Th	7:30-9:30am	Mar 27	\$12
Jakle's Lagoon	Th	7-9am	Apr 10	\$12
Beaverton Valley Marsh Preserve	Th	7-9am	Apr 24	\$12

## Woodburning Class Ages 15+ *New!*

Pyrography is the free-handed art of decorating wood with burn marks. Tools, instruction, and wood canvases are provided. (No class 2/17)

Island Rec House

M	5:30-7pm	Jan 27-Feb 24	\$30
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## Tiny Craft Boxes Ages 15+

Turn an ordinary matchbox into a mini masterpiece using matchboxes and craft supplies. You'll leave with 2-3 boxes of your own.

Island Rec House

Th	6-9pm	Mar 27	\$31
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*Know Your Island Walks* will resume this spring. Watch the Community Events and Programs pages of [www.islandrec.org](http://www.islandrec.org) for updated information.



# Adult

## Paint Your Pet by Number Ages 15+

Paint a portrait of your beloved pet! We'll provide a 16x20 canvas, all the customized paints you need, and three brushes to help bring your furry friend to life. Submit a photo of your pet by April 1 in order to customize your canvas.

*Island Rec House*

<b>W</b>	5-8pm	<b>Apr 16</b>	\$85
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## First Aid & CPR Ages 15+

Certification is valid for 2 years.

*Frank Wilson EMS Building*

<b>M</b>	9am-1:30pm	<b>Mar 10</b>	\$75
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## Pickleball

### Indoor Pickleball Ages 16+

Play continues into April. Sessions open for registration 2 weeks in advance.

*Fairgrounds Main Building*

Level 2.0-3.5	<b>M</b>	5-6:30pm	\$6
Level 3.5+	<b>M</b>	6:30-8pm	\$6
Level 3.0+	<b>W</b>	3-5pm	\$8
Level 2.0-3.5	<b>Th</b>	6-8pm	\$8
Level 3.0+	<b>Sa</b>	10am-12pm	\$8

### Pickleball 101 Ages 16+

Develop a solid pickleball foundation in this beginner level class. Loaner paddles available.

*Fairgrounds Main Building*

<b>Tu</b>	6:30-8pm	Jan 7-28	\$38
<b>Tu</b>	6:30-8pm	Feb 4-25	\$38
<b>Tu</b>	6:30-8pm	Mar 4-25	\$38

### Beginner Pickleball Tournament Ages 16+ *New!*

Experience the fun and excitement of competition in this event designed for novice players 3.0 and below. Grab your paddle for a day full of fun and pickleball!

*Fairgrounds Main Building*

<b>Su</b>	9am-4pm	<b>Feb 23</b>	\$17
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### Island Rec Annual Pickleball Tournament Ages 16+

Calling all-level players for our annual pickleball doubles tournament. Prizes will be awarded to the 1st place winners in each bracket. Each player must register individually.

*FHHS Tennis Courts*

<b>Mixed Doubles</b>	<b>Sa</b>	9am-4pm	<b>May 3</b>	\$17
<b>Women's Doubles</b>	<b>Su</b>	9am-4pm	<b>May 4</b>	\$17
<b>Open Doubles</b>	<b>Su</b>	9am-4pm	<b>May 4</b>	\$17

## Adult



### Paint Nights for All Ages Ages 8+ *New!*

Bring a friend or family member to this fun and creative class. All skill levels welcome in this step-by-step paint night. Class themes at [islandrec.org](http://islandrec.org).

*Island Rec House*

**W** 6-8pm **Jan 22, Feb 19, Mar 19, April 30 and May 21** \$20/class

### Adult Paint Nights Ages 15+ *New!*

Whether you're a beginner or an experienced painter, this step-by-step paint night is the perfect opportunity to explore your artistic side in a stress-free environment. Class themes at [islandrec.org](http://islandrec.org).

*Island Rec House*

**W** 6-8pm **Feb 5, Mar 5, Apr 2, May 7** \$20/class

### Digital Photography Ages 15+

Get comfortable with your digital camera. Chase Anderson will cover the exposure triangle of shutter speed, aperture, and ISO. Fully harness the potential of your DSLR or mirrorless camera.

*Island Rec House*

**Tu** 5:30-7:30pm **May 6-27** \$93

### Adult Co-ed Soccer League Ages 16+

**NEW TEAMS WELCOME!** This co-ed league plays games on Tuesday and/or Thursday evenings, May 20 - July 17. All players must register individually; players can choose a team or be assigned. 20 players max per team. A mandatory captains meeting is scheduled for May 8th.

*Linde Park*

**Tu/Th** 6-8:30pm **May 20-July 17** \$40

## Drop-In Recreation for All

Drop-in and play! Located at Turnbull Gym (TG), the Fair Building (FB), and FHES. Updated schedule and detailed descriptions can be found at [www.islandrec.org](http://www.islandrec.org). Drop-ins begin January 4th.

<b>Pre-School Gym</b> Ages 2-5 (FHES)	<b>Sa</b>	9:30-10:30am	\$5
<b>Teen Open Gym</b> Grades 6-12 (TG)	<b>Su</b>	7-8:30pm	FREE
<b>Women's Basketball</b> 16+(TG)	<b>Su</b>	4:30-6:00pm	\$5
<b>Men's Basketball</b> 16+ (TG)	<b>Tu</b>	8-9:30pm	\$5
<b>Roller Hockey</b> 16+(FB)	<b>W</b>	7-8:30pm	\$10
<b>Skateboarding</b> 8+(FB)	<b>F</b>	6:30-9:00pm	\$10
<b>Ping Pong &amp; Badminton*</b> 10+ (TG)	<b>Su</b>	3-4:30pm	\$5
<b>Roller Skate Nights*</b> All Ages (FB)	<b>Sa</b>	6-8:30pm	\$5

\*Ping Pong Dates Jan 12, Feb 23, March 16

\*Roller Skate Nights Jan 11, Feb 22, Mar 8, Mar 22

## Lifelong Recreation 55+

Lifelong Recreation Programs are in addition to Adult Programming on previous pages.

### Senior Strength with Mandy Ages 55+ *New!*

Learn exercises that you can apply at home. Mandy is a certified personal trainer with experience modifying exercises so everyone can participate.

Studio Jamm

<b>M</b>	9:30-10:30am	<b>Jan 6-27</b>	\$12/class
<b>M</b>	9:30-10:30am	<b>Mar 3-24</b>	\$12/class

### Senior Mobility & Flexibility with Mandy Ages 55+

Create space within joints and lengthen short muscles. Join Mandy as she guides you in her scientific and individualized approach to exercise.

Studio Jamm

<b>M</b>	10:30-11:30am	<b>Jan 6-27</b>	\$12/class
<b>M</b>	10:30-11:30am	<b>Mar 3 - April 14</b>	\$12/class

### Yoga for Longevity with Flow Collective Ages 55+

Mariana will guide you slowly and deliberately through a gentle sequence of asanas (physical poses) that will help you stretch, feel calm and balanced.

Studio Jamm

<b>Tu</b>	10-11am	<b>Jan 7 - April 15</b>	\$12/class
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### Senior Cardio with Mandy Ages 55+ *New!*

This class alternates upper body strength with low impact aerobic movement to elevate your heart rate and maximize fitness benefits.

Studio Jamm

<b>W</b>	9:30-10:30am	<b>Jan 8-29</b>	\$12/class
<b>W</b>	9:30-10:30am	<b>Mar 5 - April 16</b>	\$12/class

Island Rec  
San Juan Island Park & Recreation District  
P.O. 1946  
Friday Harbor, WA 98250

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**Spend the summer making a difference in our community!**

**Positions available with:**  
**Camp Eagle Rock**  
**Dragonfly Preschool**  
**Sports Camps**  
**Art Camp**  
**Sailing Camp**

**Visit our website  
for more details.**  
[www.islandrec.org](http://www.islandrec.org)